### Curated List of Articles and Resources on Dealing with Dementia

#### General Information

1. **Alzheimer's Association: What Is Dementia?**
   * Understanding Dementia
   * Comprehensive overview of dementia, including symptoms, types, and progression.
2. **National Institute on Aging: What Is Dementia? Symptoms, Types, and Diagnosis**
   * [NIA Dementia Information](https://www.nia.nih.gov/health/what-dementia-symptoms-types-and-diagnosis)
   * Detailed information on the various types of dementia, their symptoms, and diagnostic processes.
3. **World Health Organization: Dementia**
   * [WHO Dementia Information](https://www.who.int/news-room/fact-sheets/detail/dementia)
   * Key facts and statistics about dementia on a global scale.

#### Caregiving Tips

1. **Alzheimer's Association: 10 Ways to Help a Family Living with Alzheimer’s**
   * Helping a Family
   * Practical advice for supporting families affected by dementia.
2. **National Institute on Aging: Tips for Caregivers**
   * [Caregiving Tips](https://www.nia.nih.gov/health/caregiving)
   * Strategies for managing daily caregiving tasks and maintaining caregiver health.
3. **Mayo Clinic: Alzheimer's Caregiver Tips**
   * [Caregiver Tips](https://www.mayoclinic.org/healthy-lifestyle/caregivers/in-depth/alzheimers-caregiver/art-20048135)
   * Tips for improving the quality of life for both dementia patients and their caregivers.

#### Managing Symptoms

1. **Alzheimer's Association: Behavioral and Psychiatric Symptoms**
   * Behavioral Symptoms
   * Information on handling common behavioral and psychiatric symptoms in dementia patients.
2. **Dementia Care Central: Dealing with Difficult Behaviors**
   * Difficult Behaviors
   * Advice on managing agitation, aggression, and other challenging behaviors.
3. **Alzheimer’s Society UK: Communicating**
   * Communication Tips
   * Techniques for improving communication with dementia patients.

#### Medical Information

1. **National Institute on Aging: Treatment of Dementia**
   * [Dementia Treatment](https://www.nia.nih.gov/health/alzheimers-disease-treatment-research)
   * Overview of current treatment options and ongoing research.
2. **Mayo Clinic: Dementia Treatments and Drugs**
   * [Treatments and Drugs](https://www.mayoclinic.org/diseases-conditions/dementia/diagnosis-treatment/drc-20352019)
   * Information on medications and non-drug approaches for managing symptoms.
3. **Alzheimer’s Research UK: Research and Progress**
   * Dementia Research
   * Updates on breakthroughs and studies in dementia research.

#### Emotional Support

1. **Alzheimer’s Association: Caregiver Stress**
   * Managing Caregiver Stress
   * Tips for managing stress and maintaining mental health as a caregiver.
2. **HelpGuide: Supporting a Person with Dementia**
   * Emotional Support
   * Strategies for providing emotional support and maintaining a positive relationship.
3. **Caregiver Action Network: Community Support for Caregivers**
   * Community Support
   * Resources for finding support groups and connecting with other caregivers.

#### Legal and Financial Guidance

1. **Alzheimer’s Association: Legal and Financial Planning for Alzheimer’s Disease**
   * Legal and Financial Planning
   * Guidance on planning for the financial and legal aspects of dementia care.
2. **National Institute on Aging: Legal and Financial Planning**
   * [NIA Planning Guide](https://www.nia.nih.gov/health/legal-and-financial-planning-people-alzheimers)
   * Steps for ensuring that legal and financial matters are in order.
3. **Eldercare Locator: Financial Assistance for Dementia Care**
   * Financial Assistance
   * Information on financial aid programs for dementia care.

#### Technology and Dementia Care

1. **Alzheimer’s Society UK: Assistive Technology**
   * Assistive Technology
   * Overview of technologies that can assist with dementia care.
2. **National Institute on Aging: Using Technology to Manage Health**
   * [Technology for Health](https://www.nia.nih.gov/health/using-technology-manage-your-health)
   * Tips on using technology to monitor health and manage caregiving tasks.